

IT'S ALL IN YOUR MIND

BY KATHLEEN BUTLER

Read across each row and place a 4 in the blank that best describes you. Now place a 3 in the blank for the second word that best describes you. Do the same for the final words using a 2 and a 1. Do this for each row.

Example:							
Imaginative	2	Investigative	4	Realistic	1	Analytical	3

Column 1		Column 2		Column 3		Column 4	
Imaginative		Investigative		Realistic		Analytical	
Adaptable		Inquisitive		Organized		Critical	
Relating		Creating		Getting to Point		Debating	
Personal		Adventurous		Practical		Academic	
Flexible		Inventive		Precise		Systematic	
Sharing		Independent		Orderly		Sensible	
Cooperative		Competitive		Perfectionist		Logical	
Sensitive		Risk-Taking		Hard-Working		Intellectual	
People-Person		Problem Solver		Planner		Reader	
Associate		Originate		Memorize		Think Through	
Spontaneous		Changer		Wants Direction		Judger	
Communicating		Discovering		Cautious		Reasoning	
Caring		Challenging		Practicing		Examining	
Feeling		Experimenting		Doing		Thinking	

Now add up your totals for each column and place the total in the blanks below:

Column 1 _____ Column 2 _____ Column 3 _____ Column 4 _____
 (Grapes) (Oranges) (Bananas) (Melons)

- If your highest score was in column 1, consider yourself a grape.
- If your highest score was in column 2, consider yourself an orange.
- If your highest score was in column 3, consider yourself a banana.
- If your highest score was in column 4, consider yourself a melon.

Butler, Kathleen as printed in The 7 Habits of Highly Effective Teens. By Sean Covey.
 New York: Franklin Covey Co., 1998.